

**MONDAY****TUESDAY****WEDNESDAY****THURSDAY****FRIDAY**

**1** 9AM  
Zumba  
Bocce  
10 AM  
Men's Club Photography Gr.  
10:30AM  
Shopping - Shaw's/Cobb's Cnr  
10:45 AM  
Program: American Cathedrals  
12:30PM  
Sit & Be Fit

**2** 9AM  
Yoga & Relaxation  
9:30AM  
Tai Chi

**3** 9 AM  
Forever Fit  
Men's Club  
Discussion Group  
10:30AM  
Shopping - Sharon Ctr  
10:45AM  
Avellino Fitness

**6** 9AM  
Yoga  
Zumba Gold  
9:30AM  
Knitting/Crochet  
10:30AM  
Movie: Queen Bees  
1PM  
Open Art Studio

**7** 9AM  
Yoga & Relaxation  
Men's Club  
10:30AM  
Chair Yoga  
Shopping - Brockton  
11AM  
Women's Discussion Group  
1:00PM  
SHINE  
Program: Annie Oakley

**8** 9AM  
Zumba  
Bocce  
10:30AM  
Shopping - Shaw's/Cobb's Cnr  
10:45 AM  
Program: History of the  
Telephone  
12:30PM  
Sit & Be Fit

**9** 9AM  
Yoga & Relaxation  
9:30AM  
Tai Chi  
10:30AM  
Chinese Elders

**10** 9AM  
Forever Fit  
10:30AM  
Shopping - Sharon Ctr  
10:45AM  
Avellino Fitness

**ANNUAL TOWN MEETING****1:00 PM | PODIATRY CLINIC**

**13** 9AM  
Yoga  
Zumba Gold  
9:30AM  
Knitting/Crochet  
10:30AM  
Movie: All Quiet ...Western Front  
1PM  
Open Art Studio  
2PM  
Memory Cafe

**14** 9AM  
Yoga & Relaxation  
Men's Club  
10:15 AM  
Men's Club Book Group  
10:30AM  
Chair Yoga  
Coffee Hour: Nurse Appreciation  
Shopping - Walpole  
1 PM  
Program: The Nature of VT

**15** 9AM  
Zumba  
Bocce  
10:30AM  
Shopping - Shaw's/Cobb's Cnr  
12:30PM  
Sit & Be Fit

**16** 9AM  
Yoga & Relaxation  
9:30AM  
Tai Chi

**17** 9 AM  
Forever Fit  
Men's Club  
Discussion Group  
10:30AM  
Shopping - Sharon Ctr  
10:45AM  
Avellino Fitness

**11 AM - 1 PM  
SHARON TUCKY-DERBY****10:30AM | MONTHLY PARTY**

**20** 9AM  
Yoga  
Zumba Gold  
9:30AM  
Knitting/Crochet  
11AM  
LGBT Social  
Energy Advocate  
1PM  
Open Art Studio

**21** 9AM  
Yoga & Relaxation  
Men's Club  
10:30AM  
Chair Yoga  
Shopping - Brockton  
11AM  
Women's Discussion Group  
1:00PM  
SHINE

**22** 9AM  
Zumba  
Bocce  
10:30AM  
Shopping - Shaw's/Cobb's Cnr  
11AM  
South Asian Social  
12:30PM  
Sit & Be Fit

**23** 9AM  
Yoga & Relaxation  
9:30AM  
Tai Chi  
10:30AM  
Chinese Elders

**24** 9AM  
Forever Fit  
10:30AM  
Shopping - Sharon Ctr  
10:45AM  
Avellino Fitness

**TOWN ELECTION**

**27**

**MEMORIAL DAY**  
HONORING ALL WHO SERVED

**CENTER CLOSED**

**28** 9AM  
Yoga & Relaxation  
Men's Club  
10:30AM  
Chair Yoga  
Shopping - Walpole  
1 PM  
Program: Belize: Protecting  
Migration Spaces

**29** 9AM  
Zumba  
Bocce  
10:30AM  
Shopping - Shaw's/Cobb's Cnr  
12:30PM  
Sit & Be Fit

**30** 9AM  
Yoga & Relaxation  
9:30AM  
NO Tai Chi

**31** 9 AM  
Forever Fit  
Men's Club  
Discussion Group  
10:30AM  
Shopping - Sharon Ctr  
10:45AM  
Avellino Fitness