

SEPTEMBER 2011 -- Schedule subject to change—please call to confirm

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Craft Corner Hours -- Mon. – 1:30 - 3:30 pm Thurs. – 11:00 am - 1:00 pm Other hours by appointment</p> <p>Lakeside Gallery -- until Oct. 11 – “Creativity is Ageless”</p>			<p>9:00 Tai Chi 1 9:30 Knitting/Crocheting 10:00 Ping Pong Club 10:30 Tai Chi 12:00 Podiatry Clinic 1:00 Mah Jongg Lessons 1:00 MahJongg/Bridge/Scrabb. 5:45 Movie (Rabbit Hole)</p>	<p>9:00 Sharon Center 2 9:15 Cardio Fitness Class 10:00 Tech. in Watercolor 10:30 Wii Bowling</p>
<p align="center">5</p> <p align="center">Holiday – Center Closed</p>	<p>9:00 Men’s Club 6 10:00 Ping Pong Club 10:00 Tai Chi 11:00 Pool 1:00 Bridge/Can./Mah Jongg 2:00 Caregivers’ Group 7:00 Knitting/Crochet 7:00 Gentle Yoga</p>	<p>9:00 Sharon Center 7 9:00 Zumba Fitness Class 9:30 Coffee Hour – at HF 9:30 Bocce-weather permitting 10:15 Drop-In Meditation 11:00 Memoir Writing 11:45 Shaw’s / Cobbs Corner 1:00 Can./Cribb./Mah Jongg</p>	<p>9:00 Tai Chi 8 9:30 Knitting/Crocheting 9:30 For./Ind. Film (Inside Job) 10:00 Ping Pong Club 10:30 Tai Chi 1:00 Mah Jongg Lessons 1:00 MahJongg/Bridge/Scrabb. 1:00 Computer Tutor 5:45 For./Ind. Film (Inside Job) 6:30 Wisdom Works Program</p>	<p>9:00 Sharon Center 9 9:15 Cardio Fitness Class 10:00 Tech. in Watercolor 10:00 Legal Clinic 10:30 Wii Bowling</p>
<p>9:00 Yoga 12 10:30 Visions Group 10:30 Cancer Support Group 1:00 Parkinsons Support Group 1:00 Recreational Scrabble 1:00 Open Art Studio 1:30 Sewing/Embroidery Group</p>	<p>9:00 Men’s Club 13 10:00 Ping Pong Club 10:00 Tai Chi 11:00 Pool 11:45 Westgate Mall 1:00 Bridge/Can./Mah Jongg 6:30 Wisdom Works Program 7:00 Knitting/Crochet 7:00 Gentle Yoga</p>	<p>9:00 Sharon Center 14 9:00 Zumba Fitness Class 9:30 Coffee Hour – at HF 9:30 Bocce-weather permitting 10:15 Drop-In Meditation 10:30 Young at Heart Meeting 11:00 Memoir Writing 11:45 Shaw’s / Cobbs Corner 1:00 Can./Cribb./Mah Jongg 6:30 Wisdom Works Program</p>	<p>9:00 Tai Chi 15 10:00 “Fall Fling” Party 10:00 Ping Pong Club 10:30 Tai Chi 1:00 Mah Jongg Lessons 1:00 MahJongg/Bridge/Scrabb. 1:00 Computer Tutor No evening programs</p>	<p>9:00 Sharon Center 16 9:15 Cardio Fitness Class 10:00 Tech. in Watercolor 10:00 Write Your Life Stories 10:30 Wii Bowling</p>
<p>9:00 Yoga 19 10:30 Flappers, Fitzgerald & Ford 1:00 Recreational Scrabble 1:00 Open Art Studio 1:30 Sewing/Embroidery Group 2:00 Zumba Fitness Class 4:00 LGBT Dinner/Entertainment</p> <p align="center"><i>Trip to Battleship Cove, Fall River</i></p>	<p>9:00 Men’s Club 20 10:00 Ping Pong Club 10:00 Tai Chi 11:00 Pool 12:45 Farmers’ Market Trip 1:00 Bridge/Can./Mah Jongg 1:00 Bridge Lessons 2:00 Caregivers’ Group 6:30 Wisdom Works Program 7:00 Knitting/Crochet 7:00 Gentle Yoga</p>	<p>9:00 Sharon Center 21 9:00 Zumba Fitness Class 9:30 Coffee Hour – at HF 9:30 Bocce-weather permitting 10:15 Drop-In Meditation 11:00 Memoir Writing 11:45 Shaw’s / Cobbs Corner 1:00 Can./Cribb./Mah Jongg 1:00 Opera Film Series (Samson et Dalila) 1:30 Sit & Be Fit Exercise Class</p>	<p>9:00 Tai Chi 22 9:30 Movie (Social Network) 10:00 Ping Pong Club 10:30 Tai Chi 1:00 Mah Jongg Lessons 1:00 MahJongg/Bridge/Scrabb. 1:00 Computer Tutor 5:45 Movie (Social Network)</p>	<p>9:00 Sharon Center 23 9:15 Cardio Fitness Class 10:00 Tech. in Watercolor 10:00 Write Your Life Stories 10:30 Wii Bowling 11:00 Rep. Kafka Office Hour</p>
<p>9:00 Yoga 26 10:30 Flappers, Fitzgerald & Ford 10:30 Book Discussion Group (Snow Flower and the Secret Fan) 10:30 Cancer Support Group 1:00 Recreational Scrabble 1:00 Open Art Studio 1:30 Sewing/Embroidery Group 2:00 Zumba Fitness Class</p>	<p>9:00 Men’s Club 27 10:00 Ping Pong Club 10:00 Tai Chi 11:00 Pool 11:45 Walpole Mall 1:00 Bridge/Can./Mah Jongg 1:00 Bridge Lessons 7:00 Knit./Crochet 7:00 Gentle Yoga</p>	<p>9:00 Sharon Center 28 9:00 Zumba Fitness Class 9:30 Coffee Hour – at HF 9:30 Bocce-weather permitting 10:15 Drop-In Meditation 11:00 Memoir Writing 11:45 Shaw’s / Cobbs Corner 1:00 Can./Cribb./Mah Jongg 1:30 Sit & Be Fit Exercise Class</p>	<p>9:30 Knitting/Crocheting 29 10:00 Ping Pong Club 1:00 MahJongg/Bridge/Scrabb. 6:00 Game Night</p>	<p>9:00 Sharon Center 30 9:15 Cardio Fitness Class 10:00 Tech. in Watercolor 10:00 Write Your Life Stories 10:30 Wii Bowling</p>